

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

M.S.W. DEGREE EXAMINATION, APRIL 2021

SOCIAL WORK

COURSE: CORE

PAPER: COUNSELLING THEORY AND PRACTICE

SUBJECT CODE: 19SW/PC/CN44

TIME –1 & ½ HOURS

MAX MARKS -50

SECTION – A

**ANSWER ALL THE QUESTIONS. ANSWER SHOULD NOT EXCEED 50 WORDS
(5X2=10 MARKS)**

1. Give two ethical aspects in counselling which you follow.
2. Give two reasons for the need for counsellors in the workplace.
3. Highlight two conditions for which Cognitive Behaviour Therapy can be applied?
4. Name two organisations counselling sexual minorities in Chennai
5. Give two suggestions to prevent burnout.

SECTION – B

**ANSWER ANY TWO QUESTIONS. ANSWER SHOULD NOT EXCEED 600 WORDS
(2X10=20 MARKS)**

6. Discuss the profiles of client and counsellor that are conducive to counselling with suitable examples.
7. Justify the need for recording in counselling. Highlight the different types of recording and skills required in recording.
8. With a growing aged population in society, elders have many issues requiring counselling. Discuss the issues of the elderly and describe your role as a counsellor with suitable examples.

SECTION – C

**ANSWER ANY ONE. ANSWER SHOULD NOT EXCEED 1200 WORDS.
(1X20=20 MARKS)**

9. Discuss Egan's Model of Counselling with a suitable example.
10. Justify the need for counselling in a setting and draw up a detailed plan of preventive and interventive counselling for a target population.