STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086 (For candidates admitted during the academic year 2011 –2012)

SUBJECT CODE: 11PY/PE/PD24

M.A./M.Sc/M.Com DEGREE EXAMINATION, NOVEMBER 2012 SOCIAL WORK THIRD SEMESTER

COURSE : ELECTIVE

PAPER : PERSONAL DISTINCTIVENESS

TIME : 3 HOURS MAX. MARKS: 100

SECTION - A

ANSWER ALL QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 50 WORDS:

 $(10 \times 2 = 20)$

- 1. Define Social Intelligence.
- 2. What is meant by Life Scripting?
- 3. Explain transactions.
- 4. Define personality.
- 5. Describe motives.
- 6. Define communication.
- 7. List out life positions.
- 8. What do we mean by Emotional Intelligence?
- 9. Explain Self-esteem.
- 10. Define adjustment.

SECTION - B

ANSWER ANY FOUR QUESTIONS. EACH ANSWER SHOULD NOTEXCEED 600 WORDS:

 $(4 \times 10 = 40)$

- 11. How do we develop healthy self-esteem?
- 12. What are the styles of responding? Give examples.
- 13. Explain social and biological motive.
- 14. Enumerate the Ego states put forth by Eric Berne.
- 15. Define conflict. Explain the types of conflict with appropriate examples.
- 16. Describe the communication process.
- 17. Why are values important? How do we inculcate them?
- 18. What are the basic emotional competencies?

SECTION - C

ANSWER ANY TWO QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 1200 WORDS:

 $(2 \times 20 = 40)$

- 19. Discuss the types of communication?
- 20. Explain the different types of transaction. Give examples.
- 21. What are the basic principles of Social perception? How do they guide us in our interactions?
- 22. Discuss coping strategies. How do they help us adjust to situations?
