STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600086
(For candidates admitted during the academic year 2011 -2012)
SUBJECT CODE: 11PY/PE/PD24
M.A./M.Sc/M.Com DEGREE EXAMINATION, NOVEMBER 2012

## SOCIAL WORK

THIRD SEMESTER

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COURSE : ELECTIVE
PAPER : PERSONAL DISTINCTIVENESS
TIME : 3 HOURS MAX.MARKS: 100
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SECTION - A
ANSWER ALL QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 50 WORDS:
$(10 \times 2=20)$

1. Define Social Intelligence.
2. What is meant by Life Scripting?
3. Explain transactions.
4. Define personality.
5. Describe motives.
6. Define communication.
7. List out life positions.
8. What do we mean by Emotional Intelligence?
9. Explain Self-esteem.
10. Define adjustment.

## SECTION - B

ANSWER ANY FOUR QUESTIONS. EACH ANSWER SHOULD NOTEXCEED 600 WORDS:
11. How do we develop healthy self-esteem?
12. What are the styles of responding? Give examples.
13. Explain social and biological motive.
14. Enumerate the Ego states put forth by Eric Berne.
15. Define conflict. Explain the types of conflict with appropriate examples.
16. Describe the communication process.
17. Why are values important? How do we inculcate them?
18. What are the basic emotional competencies?

## SECTION - C

## ANSWER ANY TWO QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 1200 WORDS:

$(2 \times 20=40)$
19. Discuss the types of communication?
20. Explain the different types of transaction. Give examples.
21. What are the basic principles of Social perception? How do they guide us in our interactions?
22. Discuss coping strategies. How do they help us adjust to situations?

