STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086 (For candidates admitted during the academic year 2015 – 16 & thereafter) SUBJECT CODE:15SW/MC/HC54

B.S.W. DEGREE EXAMINATION, NOVEMBER 2019 SOCIAL WORK FIFTH SEMESTER

COURSE: MAJOR CORE

PAPER: HEALTH CARE SERVICES

TIME : 3 HOURS MAXIMUM MARKS: 100

SECTION- A

(10X3=30)

ANSWER ALL QUESTIONS. EACH ANSWER NOT TO EXCEED 50 WORDS.

- 1. List any three barriers in implementing government health programmes in India.
- 2. Mention any three indicators of health.
- 3. List three differences between macronutrients and micronutrients.
- 4. Draw a food pyramid for a balanced diet.
- 5. Mention the modes of transmission of HIV infection in Humans.
- 6. List out any four symptoms of hypertension.
- 7. List three benefits of Yoga.
- 8. List any three differences between Ayurveda and Siddha.
- 9. Mention any three strategies adopted by the National Malarial eradication programme.
- 10. List out any three functions of Central Social Welfare Board.

SECTION-B

(5x6=30)

ANSWER ANY FIVEQUESTIONS. EACH ANSWER NOT TO EXCEED 300 WORDS.

- 11. Explain the various levels of prevention adopted in Health care setting.
- 12. Explain how spirituality can benefit mental and physical health.
- 13. Describe the classifications, function and sources of Vitamins.
- 14. Write an shot note on the following:
 - a) Protein–energy malnutrition (PEM) b) Problems of Iron deficiency in the blood.
- 15. Explain the signs and symptoms of Tuberculosis.
- 16. Briefly describe the characteristics of mentally healthy person.
- 17. Highlight the roles and functions of World Health Organization.
- 18. Describe the key features of any two National Health programmes.

SECTION- C

(2x20=40)

ANSWER ANY TWO QUESTIONS. EACH NOT EXCEEDING 1200 WORDS.

- 19. Elaborate the various determinants of health and highlight the steps taken by the government to promote health.
- 20. Describe in detail about the classification of foods and their functions.
- 21. Enumerate the causes, symptoms and treatment methods of any two non-communicable diseases.
- 22. Discuss the advantages and disadvantages of various alternative health systems under the department of AYUSH.
